

# CHRONIC DISEASES OF LIFESTYLE PROGRAMME'S PUBLICATION LIST

(1988 - 1999)

(CDL Members' names in italic)

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### SUMMARY OF SCIENTIFIC OUTPUT

Indexed articles		Non-indexed publications		Conference presentations	
1st Author	Co-author	1st Author	Co-author	1st Author	Co-author
33	33	25	21	89	55
Total: 66		46		144	

#### 1. Original papers in peer reviewed (indexed) journals - First author

1988:

1. *Steyn K, Fourie JM, Van Vuuren I, Marais AS, Opt'Hof J.* Hypercholesterolaemia in a group of senior South African Transport Services employees. SAMJ 1988; **73**: 701-703.

1989:

2. *Steyn K, Weight MJ, Dando BR, Christopher KJ, Rossouw JE.* The use of low density lipoprotein receptor activity of lymphocytes to determine the prevalence of familial hypercholesterolaemia in a rural South African community. J Med Genet 1989; **26**: 32.
3. *Steyn K, Fourie JM, Benadé AJS, Rossouw JE, Langenhoven ML, Joubert G, Chalton DO.* Factors associated with high density lipoprotein cholesterol in a population with high HDL-cholesterol levels. Arteriosclerosis 1989; **9**: 390-397.

1990:

4. *Steyn K, Fourie JM, Rossouw JG, Langenhoven ML, Joubert G, Chalton DO.* Anthropometric profile of the coloured population of the Cape Peninsula. The CRISIC study. *SAMJ* 1990; **78**: 68-72.
5. *Steyn K, Joubert G, Rossouw JE.* The co-existence of the major risk factors for coronary heart disease in the coloured population of the Cape Peninsula. The CRISIC study. *SAMJ* 1990; **78**: 61-63.
6. *Steyn K, Steyn M, Langenhoven ML, Rossouw JE, Fourie JM.* Health actions and disease patterns related to coronary heart disease in the coloured population of the Cape Peninsula. The CRISIC study. *SAMJ* 1990; **78**: 73-77.
7. *Steyn K, Fourie JM.* The requirements of a coronary heart disease risk factor intervention programme for the coloured population of the Cape Peninsula as suggested by the CRISIC study. *SAMJ* 1990; **78**: 78-81.
8. *Steyn K, Langenhoven ML, Rossouw JE, Joubert G, Chalton D, Benadé AJS.* The relationship between some dietary factors and serum cholesterol in a cross-sectional study of the coloured population of the Cape Peninsula. The CRISIC study. *SAMJ* 1990; **78**: 63-67.

1991:

9. *Steyn K, Weich HFH, Vermaak WJH, Marais AD, Omar MAK, van Gelder AL, Fourie JM, Kotze T J van W, Stander I, Firth JC, van Lathem JM.* A six month trial of Simvastatin (HMG-CoA reductase inhibitor) in the treatment of hypercholesterolaemia. *SAMJ* 1991; **79**: 639-645.
10. *Steyn K, Jooste PL, Bourne LT, Fourie JM, Badenhorst CJ, Bourne DE, Langenhoven ML, Lombard CJ, Truter H, Katzenellenbogen J, Marais M, Oelofse A.* Risk factors for coronary heart disease in the black population of the Cape Peninsula. The BRISK study. *SAMJ* 1991; **79**: 480-485.

1992:

11. *Steyn K, Fourie JM, Bradshaw D.* The impact of chronic diseases of lifestyle and their major risk factors in South Africa. *SAMJ*. 1992; **82**: 227-231.
12. *Steyn K, Weich HFH, Bonnici F, Vermaak H, Kotze TJvW, Stander IA, Lourens W, Van Lathem JM, Omar MAC, Fourie JM.* Simvastatin in non-insulin-dependent diabetic patients with hypercholesterolaemia. *SAMJ* 1992; **82**: 402-406.

1993:

13. *Steyn K, Rossouw JE, Jooste PL, Chalton DO, Jordaan ER, Jordaan PCJ, Steyn M, Swanepoel ASP.* The intervention effects of a community-based hypertension control programme in two rural South African towns: the CORIS study. *SAMJ* 1993; **83(12)**: 885-891.
14. *Bourne LT, Langenhoven ML, Steyn K, Jooste PL, Laubscher JA, Van der Vyver E.* Nutrient intake patterns in the urban African population of the Cape Peninsula. The BRISK Study. *Central Afr J Med* 1993; **39**: 238-248.

1994:

15. *Bourne LT, Langenhoven ML, Steyn K, Jooste PL, Laubscher JA.* The food and meal pattern in the black population of the Cape Peninsula. The BRISK Study. *Central Afr J Med* 1994; **40(6)**: 140-148.
16. *Bourne LT, Langenhoven ML, Steyn K, Jooste PL, JA Laubscher, DE Bourne.* Nutritional status of 3-6-year-old African children in the Cape Peninsula. The BRISK Study. *East Afr J Med*; 1994; **71**: 695-702.
17. *Steyn K, Bourne LT, Jooste PL, Fourie JM, Lombard CJ, Yach D.* Smoking in the black community of the Cape Peninsula, South Africa. *East Afr Med J* 1994; **71**: 784-789.

1995:

18. *Badenhorst CJ, Fourie JM, Steyn K, Jooste PL, Bourne LT, Kruger M, Slazus W.* The haematological profile of urban Africans aged 15-64 years in the Cape Peninsula (The BRISK Study). *East Afr Med J* 1995; **72**: 19-24.

1996:

19. *Steyn K, Rossouw JE, Benadé AJS, Fourie JM, Langenhoven MC, Jooste PL, Chalton D.* Apolipoprotein B levels and related factors in a rural white community in South Africa. The CORIS study. *SAMJ* 1996; **86**: 359-364.
20. *Steyn K, Goldberg YP, Kotze MJ, Steyn M, Swanepoel ASP, Fourie JM, Coetzee GA, van der Westhuyzen DR.* Estimation of the prevalence of familial hypercholesterolaemia in a rural Afrikaner community by direct screening for three Afrikaner founder low-density lipoprotein receptor gene mutations. *Hum Genet* 1996; **98**: 479-484.
21. *Steyn K, Fourie JM, Lombard CJ, Katzenellenbogen J, Bourne LT, Jooste PL.* Hypertension in the black community of the Cape Peninsula. The BRISK study. *East Afr Med J* 1996; **73**: 756-760.

1997:

22. *Steyn K, Yach D, Stander I, Fourie JM.* Smoking in urban pregnant women in South Africa. *S Afr Med J* 1997; **87**: 460-463.
23. *Steyn K, Katzenellenbogen J, Lombard C, Bourne LT.* Urbanisation and the risk for chronic diseases of lifestyle in the black population of the Cape Peninsula. *J Cardiovasc Risk* 1997; **4**: 135-142.
24. *Steyn K, Steyn M, Swanepoel ASP, Jordaan PCJ, Jooste PL, Fourie JM, Rossouw JE.* Twelve-year results of the coronary risk factor study (CORIS). *Int J Epidemiol* 1997; **26**: 964-971. (Nov.)
25. *Daniels A, Bruce R, McGregor L.* Lispro Insulin as premeal therapy in Type 1 Diabetes: Comparison vs. Humulin R. *NZ Med J* 1997; **110**: 435-438.

1998:

26. *Steyn K, Bourne L, Jooste P, Fourie JM, Rossouw K, Lombard C.* Anthropometric profile of a black population of the Cape Peninsula in South Africa. *East Afr Med J* 1998; **75**: 35-40.
27. *Steyn K, Fourie JM, Sheppard J.* The Lipid profile of South Africans attending general practitioners - The Cholesterol Monitor. *S Afr Med J* 1998; **88**: 1569-1574.

1999:

28. *Charlton K, Lambert V.* Food frequency questionnaire in older adults. *S Afr Med J* 1999; **89**: 184-189.
29. *Levitt NS, Steyn K, De Wet T, Morell C, Edwards PR, Ellison GTH, Cameron N.* An inverse relation between blood pressure and birth weight among 5 year old children from Soweto, South Africa (Birth-to-Ten study). *J Epidemiol Community Health* 1999; **53**: 264-268.
30. *Daniels A, White M, Stander I, Crone D.* Ambulance visits for severe hypoglycaemia in insulin-treated diabetes. *N Z Med J* 1999; **112**: 225-228.
31. *Daniels AR, Hoffman M, Lombard C, Steyn K.* Blood Pressure and Social Support: Observations from Mamre, South Africa during socio-political transition. *Journal of Human Hypertension* 1999; **13**: 689-693.
32. *Levitt NS, Steyn K, Lambert EV, Reagon G, Lombard CJ, Rossouw K, Fourie JM, Hoffman M.* Modifiable risk factors for Type 2 diabetes mellitus in a peri-urban community in South Africa. *Diabetic Medicine* 1999; **16**: 946-950.
33. *Steyn K, Levitt N, Fourie J, Rossouw K, Martell R, Stander I.* Treatment status and experiences of hypertension patients at a large health centre in Cape Town. *Ethn Dis* 1999; **9**: 441-450.

## 2. Original papers in peer reviewed (indexed) journals - Co-author

1988:

1. Rossouw JE, *Steyn K*, Berger GMD, Vermaak WJM, Kock J, Seftel HC, Gevers W. Action limits for serum total cholesterol. A statement for the medical profession by an *ad hoc* committee of the Heart Foundation of Southern Africa. SAMJ 1988; **73**: 693-700.

1989:

2. Vermaak WJH, *Steyn K*, Rossouw JE, Barnard HC, Esterhuizen AJ, Potgieter GM, Van Jaarsveld H. Towards standardisation of pre- and post-analytical variables in the assessment of lipid risk factors for ischaemic heart disease. SAMJ 1989; **74**: 485-490.
3. Steyn M, *Steyn K*. Media use and preference related to coronary heart disease of the coloured population of the Cape Peninsula. Curationis 1989; **12**: 22-25.
4. Diet Consensus Panel. Dietary recommendations for the prevention of coronary heart disease. S Afr Med J 1989; **76**: 591-592.

1991:

5. Hunter S MacD, *Steyn K*, Yach D, Sipamla N. A field test of self-confidence enhancement - A new anti-tobacco approach in South Africa. Notes from the field. Am J Publ Health 1991; **81(7)**: 928-929.

1992:

6. Jooste PL, Oelofse A, Wolmarans P, *Steyn K*, Weich HFH, Kriek JA. The first six years of the Tygerberg Hospital lipid clinic. S Afr Med J 1992; **81**: 135-139.
7. Martin G, *Steyn K*, Yach D. Beliefs about smoking and health and attitudes toward tobacco control measures. S Afr Med J 1992; **82**: 241-245.
8. Pick WM, *Steyn K*. Hypertension: Knowledge, attitudes and practices of family doctors in Cape Town. S Afr Med J 1992; **82**: 257-259.

1993:

9. Klemp P, Halland AM, Majoos FL, *Steyn K*. Musculoskeletal manifestations in hyperlipidaemia - A controlled study. Ann Rheum Dis 1993; **52(1)**: 44-48.
10. Kotze MJ, De Villiers WJJ, *Steyn K*, Kriek JA, Marais AD, Langenhoven E, Herbert JS, Graadt van Roggen JF, Van der Westhuyzen DR, Coetzee GA. Phenotypic variations among familial hypercholesterolaemics heterozygous for either one of two Afrikaner founder low density lipoprotein receptor mutations. Arteriosclerosis and Thrombosis 1993; **13**: 1460-1468.
11. Seftel H, Asvat MS, Joffe BI, Raal FJ, Panz VR, Vermaak WJH, Looek ME, Rajput MC, Omar MAK, Jeenah MS, *Steyn K*, Becker PJ for the Seven Schools= Study Group. Selected risk factors for coronary heart disease in male scholars from the major South African population groups. S Afr Med J 1993; **83(12)**: 891-897.

1994:

12. PL Jooste, M Faber, *Badenhorst CJ*, van Staden E, Oelofse A, Schutte CHJ. Nutritional status of primary school children with endemic goitre in Caprivi, Namibia. Centr Afr J Med 1994; **40(3)**: 60-66.
13. Sparling PB, Noakes TD, *Steyn K*, Jordaan E, Jooste PL, *Bourne LT*, *Badenhorst CJ*. Physical activity patterns of black South African men in Cape Town. The BRISK Study. Med Sci Sprt Exerc 1994; **26(7)**: 896-902.

1995:

14. Smuts CM, Tichelaar HY, Van Jaarsveld PJ, *Badenhorst CJ*, Kruger M, Laubscher R, Mansvelt EPG, Benadé AJS. The effect of iron fortification on the fatty acid composition of plasma and erythrocyte membranes in primary school children with and without iron deficiency. *Prostaglandins Leukotrienes and Essential Fatty Acids* 1995; **51**: 277-285.
15. Mollentze WF, Moore A, Steyn AF, Joubert G, *Steyn K*, Oosthuizen GM, Weich DJV. Coronary heart disease risk factors in a rural and urban Orange Free State black population. *S Afr Med J* 1995; **85**: 90-96.
16. Walker ARP, *Badenhorst CJ*. Obesity revisited (Review Article). *SA J Sci* 1995; **91**: 25-30.
17. Graadt van Roggen JF, Van der Westhuyzen DR, Coetzee GA, Marais AD, *Steyn K*, Langenhoven F, Kotze MJ. The FH Afrikaner-3 LDL receptor mutation results in defective LDL receptors and cause a mild form of familial hypercholesterolaemia. *Arterioscler Thromb Vasc Biol* 1995; **15**: 765-772.
18. Opie LH, *Steyn K*. Rationale for the Hypertension Guidelines for primary care in South Africa. *S Afr Med J* 1995; **85**: 1325-1338.

1996:

19. Oelofse A, Jooste P, *Steyn K*, *Badenhorst CJ*, Bourne LT, *J Fourie*. The lipid and lipoprotein profile of the urban black South African Community of the Cape Peninsula - the BRISK Study. *S Afr Med J* 1996; **86**: 166-169.
20. Metcalf C, Hoffman MN, *Steyn K*, Katzenellenbogen J, *Fourie JM*. Design and baseline characteristics of a hypertension intervention program in a South African village. *J Hum Hypert* 1996; **10**: 21-26.
21. Pestana JAX, *Steyn K*, Leiman A, Hartzenberg GM. The direct and indirect costs of cardiovascular disease in South Africa in 1991. *S Afr Med J* 1996; **86**: 679-684.

1997:

22. Van Stuijvenberg ME, Kruger M, *Badenhorst CJ*, Mansvelt EPG, Laubscher J. Response to an iron fortification program in relation to the vitamin A status of 6-12-year-old school children. *Int J Food Sci Nutr* 1997; **48**: 41-49.
23. Charlton KE, *Fourie JM*, *Steyn K*, Lombard CJ. Prevalence of hypertension among the elderly coloured population of the Cape Peninsula. *S Afr Med J* 1997; **87**: Cardiovascular suppl 2, C75-80. (I).
24. Kotze MJ, Loubser O, Thiar R, de Villiers JNP, Langenhoven E, Theart L, *Steyn K*, Marais AD, Raal FJ. CpG hotspot mutations at the LDL receptor locus are a frequent cause of familial hypercholesterolaemia among South African Indians. *Clin Genet* 1997; **51**: 394-398.
25. Goodman GR, *Levitt NS*, Robinson II, Zwarenstein MF. Staff knowledge, attitudes and practices in public sector primary care of diabetes in Cape Town. *S Afr Med J* 1997; **87**: 305-309.
26. Moodley J, *Steyn K*, Ehrlich RI, Jordaan E, Marais AD, Burgess L. Lipid and ischaemic heart disease risk factors in an urbanising work force. *S Afr Med J* 1997; **87**: Public Health suppl, 1615-1620.

1998:

27. Lunt DWR, Edwards PR, *Steyn K*, Lombard CJ, Fehrsen GS. Hypertension care at a Cape Town community health centre. *S Afr Med J* 1998; **88**: 544-548.
28. Edwards PR, Lunt DWR, Fehrsen GS, Lombard CJ, *Steyn K*. Improving the cost-effectiveness of hypertension management at a community health centre. *S Afr Med J* 1998; **88**: 549-554.
29. Stander IA, Kotze TJvW, Fourie JM, Swanevelder S, *Steyn K*. Blood pressure measurements in an evaluation of three digital devices. *S Afr Med J* 1998; **88**: Cardiovascular suppl 3, C114-C148.
30. Vorster HH, Jerling JC, *Steyn K*, *Badenhorst CJ*, Slazus W, Venter CS, Jooste PL, Bourne LT. Plasma fibrinogen

of black South Africans: the BRISK Study. *Public Health Nutrition* 1998; **1 (3)**: 169-176.

1999:

31. Edwards PR, *Steyn K*, Walters L, Smart A, Gammon S, Lombard, CJ. Hypertension management of medical-aid patients attending private practices. *S Afr Med J* 1999; **89 (2)**: 160-164.
32. Mvo Z, Dick J, *Steyn K*. Perceptions of overweight African women about acceptable body size of women and children. *Curationis* 1999; **22 (2)**: 27-31.
33. Mzileni O, Sitas F, *Steyn K*, Carrara H, Bekker P. Lung cancer, tobacco, and environmental factors in the African population of the Northern Province, South Africa. *Tobacco Control* 1999; **8 (4)**: 398-401.

### 3. Other publications (non-indexed).

1988:

1. Langenhoven ML, *Steyn K*, Steyn M, Van Eck M. Nutrient intake of Cape Peninsula coloureds : CRISIC study. *Ecology of Food Nutr* 1988; **22**: 97-106.
2. Langenhoven ML, *Steyn K*, Steyn M. The food and meal pattern in the Cape Peninsula coloured population: CRISIC study. *Ecology of Food Nutr* 1988; **22**: 107-116.

1989:

3. *Steyn K*. Cardiac rehabilitation: Is it beneficial? *Cardiac Medicine* 1989; **7**: 6-7.
4. *Steyn K*. The epidemiology of hypertension in South African populations. In: The challenge of hypertension in the 1990's. Seedat MA, Ed. Durban 1989.
5. Yach D, *Steyn K*, Albrecht C. Research priorities in smoking research in South Africa. Editorial *SAMJ* 1989; **75**: 158-159.

1991:

6. *Steyn K*. The epidemiology of hypertension in South Africa and the implications for clinical practice. Proceedings of the Advanced Course in Medicine, the College of Medicine of South Africa. November 1991.
7. *Steyn K*. Guest editor. Cardiovascular disease. Urbanisation and Health Newsletter CERSA, June 1991.
8. *Steyn K*, *Fourie JM*. Editors. The BRISK study methodology. The coronary heart disease risk factor study in the black population of the Cape Peninsula CERSA Technical Report No 1, 1991.
9. Hunter S MacD, *Steyn K*, Yach D, Sipamla N. Smoking prevention in black schools. A feasibility study. *S Afr J Educ* 1991; **11(3)**: 137-141.

1992:

10. *Steyn K*, Maritz F. A practical approach to the management of hyperlipidaemia. *Contin Med Educ* June 1992.
11. *Bourne LT*, Bourne DE, *Steyn K*, Lombard C. Liquid consumption patterns among the black population of Cape Town. Report to the Water Research Commission WRC - Report number: 334/1/92. - 1992.
12. *Steyn K*, Buch E. Chronic Diseases of Lifestyle. A Policy Proposal 1992. (*Available from Dr K Steyn, Division Chronic Diseases of Lifestyle, CERSA, MRC*).
13. Kriek JA, *Steyn K*, Weight MJ, Kotze MJ, Van Zyl LJ. Response to treatment with simvastatin in a compound FH heterozygote. Letter to the editor, *Atherosclerosis* 1992; **93**: 165-169.

14. Executive Committee of the Hypertension Society. Management guidelines for hypertension in South Africa. *S Afr Med J* 1992; **82** Supplement: 1-4.
  15. Steyn M, Jordaan PCJ, Swanepoel ASP, *Steyn K*, Jooste PL. Koronêre risikofaktorstudie - Trefwydte en inslag van die voorligtingsprogram (Bevindinge van die 1991-opname). Raad vir Geesteswetenskaplike Navorsing in samewerking met die Departement van Gesondheidsdienste en Welsyn Administrasie, Volksraad en die Mediese Navorsingsraad 1993.
  16. *Steyn K*. A policy proposal to manage chronic diseases of lifestyle in South Africa. Editorial *SAMJ* 1992; **82**: 220-221.
- 1993:
17. The Strategy of Preventive Medicine - Geoffrey Rose. Oxford University Press 1992. Book review by *Drs Krisela Steyn* and Derek Yach. *CME*, 1993; **11**: 1932.
  18. Mollentze WF, Moore A, Joubert G, Oosthuizen GM, Steyn AF, *Steyn K*, Weich DJV. Cardiovascular risk factors in the black population of QwaQwa. *S Afr J Clin Nutr* 1993; **6**: 50-51.
  19. *Badenhorst CJ*, Steyn NP, Jooste PL, Nel JH, Kruger M, Oelofse A, Barnard C. The nutritional status of Pedi schoolchildren aged 6-14 years in two rural areas of Lebowa: a comprehensive nutritional survey of dietary intake, anthropometric, biochemical, haematological and clinical measurements. *S Afr J Food Sci Nutr* 1993; **5(4)**: 112-119.
  20. Steyn NP, *Badenhorst CJ*, Nel JH. The meal pattern and snacking habits of schoolchildren in two rural areas of Lebowa. *SA J Food Sci* 1993; **5**: 5-9.
  21. Steyn NP, *Badenhorst CJ*, Nel JH, Ladzani R. Breast-feeding and weaning practices of Pedi-mothers and the dietary intakes of their preschool children. *S Afr J Food Science* 1993; **5(4)**: 10-13.
- 1994:
22. *Badenhorst CJ*, Walker ARP. Obesity - How can women in developing countries cope? *S A J Food Science and Nutrition* 1994; **6(3)**: 83-84.
  23. *Steyn K*. Management of chronic diseases of lifestyle in South African populations. Supplement to *S Afr Med J*, July 1994: 49-50. (ARP Walker Festschrift)
  24. *Bourne LT*. Dietary intake of urban Africans in Cape Town - A puzzle in complexity. *Urbanisation and Health Newsletter* 1994; **22**: 77-82.
  25. *LT Bourne IN*: Popkin BM. The Nutrition Transition in Low-Income Countries: An Emerging Crisis. *Nutrition Reviews*; **52(9)**: 285-297.
  26. Tichelaar HY, Steyn NP. *Badenhorst CJ*, Nel JH, Smuts CM, Van Jaarsveld PJ, Benadé AJS. Epidemiological evidence of impaired fatty acid status of undernourished rural school children in Lebowa. *S Afr J Food Sci Nutr* 1994; **6**: 60-65.
  27. Kruger M, Dhansay MA, van Staden E, Faber M, *Badenhorst CJ*, Mansvelt EPG, Theron GB, Aalbers C, Benadé AJS. Anaemia and iron deficiency in women in the third trimester of pregnancy receiving selective iron supplementation. *SA J Food Sci Nutr* 1994; **6**: 132-137.
- 1995:
28. *Badenhorst CJ*, Walker ARP. Obesity. In: Van der Horst EJJ, Van Rooyen RJ, Snyman JR, Sommers K, eds. *MIMS Disease Review*. Pretoria: MIMS (Division of Times Media Limited), 1995; 179-186.
  29. *Fourie JM*, *Steyn K*, Charlton K. The prevalence of hypertension. In: Charlton KE, Wolmarans P eds. *Food Habits, Dietary Intake and Health of Older Coloured South Africans*. (Monograph No. 2). Observatory:

HSRC/UCT Centre for Gerontology, 1995; 121-127.

30. *Steyn K.* A policy proposal for the National Programme: Chronic Diseases and Rehabilitation for the Department of Health of South Africa. (Available: Programme for Chronic Diseases of Lifestyle, MRC, P O Box 19070, Tygerberg 7505.) 1995.
  31. *Fourie JM, Steyn K,* editors. Chronic Diseases of Lifestyle. MRC Technical Report. Parowvallei, 1995. (Available at R50: Programme for Chronic Diseases of Lifestyle, Medical Research Council, P O Box 19070, Tygerberg, 7505)
  32. *Steyn K.* A Health Service Policy Proposal for South Africa to address Chronic Diseases of Lifestyle. In: *Fourie JM, Steyn K,* editors. Chronic Diseases of Lifestyle. Parowvallei: Medical Research Council technical report, 1995; 176-190.
  33. Executive Committee of the Hypertension Society of Southern Africa. Guidelines for the management of hypertension at primary care level. S Afr Med J 1995; **85**: 1321-1325.
  34. Walker ARP, Benadé AJS, Glatthaar II, Vorster HH, Bourne LT. The case for cheaper bread. (Opinion). S Afr J Food Sci Nutr 1995; **7**: 131-132.
  35. *Badenhorst CJ, Bart CA, Terry LE,* Walker ARP. Obesity - a treatment dilemma? Contin Med Educ 1995; **13(5)**: 519-526.
- 1996:
36. Kotze MJ, De Villiers WJS, *Steyn K,* Kriek JA, Marais AD, Herbert JS, Coetzee FA, Van der Westhuyzen DR. Phenotypic variations of Afrikaner familial hypercholesterolaemia. Bulletin Molecular Biology in Medicine 1996; 20.
  37. Opie LH, *Steyn K,* editors. Hypertension management - an algorithm (Letter). S Afr Med J 1996; **86(4)**: 372-373.
  38. Kruger M, *Badenhorst CJ,* Mansveldt EPG, Laubscher J, Benadé AJS. Effects of iron fortification in a school feeding scheme and antihelmintic therapy on the iron status and growth of six- to eight-year-old schoolchildren. Food and Nutrition Bulletin 1996; **17**: 11-21.
- 1998:
39. Sitas F, Sathar MA, Simjee AE, Lombard CJ, *Steyn K,* *Badenhorst CJ,* Jooste PL, Bourne L. *Helicobacter pylori* seroprevalence in the African adult population of the Cape Peninsula. S Afr J Epidemiol Infect 1997; **12(4)**: 111-114.
  40. Mvo Z, Dick J, *Steyn K.* Perceptions of body size among African women in peri-urban Cape Town. MRC Urbanisation and Health Newsletter 1997; (**34**): 31-33.
  41. Reddy P, Meyer-Weitz A, Abedian I, *Steyn K,* Swart D. Implementable strategies to strengthen comprehensive Tobacco control in South Africa. Denosa Nursing News 1998; **22**: 22-24.
  42. *Steyn K.* Epidemiology of hypertension in South Africa - new data. CME 1998; **16 (10)**: 917 - 922.
- 1999:
43. *Temple NJ.* Fruits, vegetables, and cancer prevention trials. Letter. J Natl Cancer Inst 1999; **91(13)**:1164.
  44. *Temple NJ.* Antioxidants. In: Book for Dieticians, Nutritionists and Doctors. Temple NJ, Ed. Canada 1999.
  45. *Temple NJ.* Flavonoids have little to do with protection against heart disease. Letter. Am J Epidemiol 1999; **150(9)**:
  46. Mash B, *Levitt NS.* Quality improvement in the care of people with diabetes in Khayelitsha, Cape Town. S A Family Practice 1999; **20 (1)**: 123-125.

#### 4. Paper presentations at Scientific Meetings

1988:

1. Jooste PL, *Steyn K*. Obesity in whites and coloureds in the Cape. Third Symposium on Sugar and Health. Durban, 23-24 May 1988.
2. *Steyn K*. Action limits for hypercholesterolaemia in South Africa. Pathology Congress. Natal Branch, 27-29 June 1988.
3. *Steyn K*, Steyn M, Langenhoven ML, Rossouw JE. The health actions related to CHD taken by the coloured population of the Cape Peninsula. Seventh Epidemiology Congress, Department of Health and Population Development. Warmbaths, 15-18 August 1988.
4. *Steyn K*. Epidemiological aspects related to cardiac rehabilitation. Second South African Rehabilitation Symposium. Cape Town, 25 August 1988.
5. *Steyn K*. Hypertension in the coloured population of the western Cape. Medical Research Council (RSA) - National Science Council (ROC) Symposium on Hypertension. Taipei, Taiwan, 1-2 October 1988.
6. Rossouw JE, Jooste PL, *Steyn K*, Jordaan PCJ, Swanepoel ASP. A community based hypertension intervention study conducted in three towns in the south western Cape. The CORIS study. Medical Research Council (RSA) - National Science Council (ROC) Symposium on hypertension. Taipei, Taiwan, 1-2 October 1988.
7. *Steyn K*. The epidemiology of hypertension in South Africa and the implications for clinical practice. The National Symposium on Advanced Medicine. UCT, Cape Town, 28-29 November 1988.

1989:

8. *Steyn K*. Preventing coronary heart disease. UCT Paediatric Refresher Course: Ambulatory paediatrics. Cape Town, 15-19 February 1989.
9. Jooste PL, *Steyn K*. Obesity in whites and coloureds in the Cape. The Third Symposium on Sugar and Health. Durban, 23-24 May 1988.
10. Rossouw JE, Jooste PL, *Steyn K*, Chalton D, Jordaan E, Jordaan PCJ, Swanepoel ASP. The intervention effects of a community-based hypertension control programme. The CORIS study. The Sixth Congress of the Southern African Hypertension Society. Durban, 28-30 June 1989.
11. Rossouw JE, Jooste PL, *Steyn K*, Chalton D, Jordaan E, Jordaan PCJ, Swanepoel ASP. The intervention effects of a community-based hypertension control programme. The CORIS study. The Eighth Congress of the Epidemiological Society of Southern Africa. Durban, 5-6 July 1989.
12. *Steyn K*, Rossouw JE, Benadé AJS, Langenhoven ML, Jooste PL. Apolipoprotein B and related factors in a rural white population of South Africa. The inaugural meeting of the Lipid and Atherosclerosis Society of Southern Africa. Johannesburg, 3-5 September 1989.
13. Jooste PL, Oelofse A, Wolmarans P, *Steyn K*, Weich HFH. Lipid-related profile of patients registered during the first 6 years of the Tygerberg Lipid Clinic. The inaugural meeting of the Lipid and Atherosclerosis Society of Southern Africa. Johannesburg, 3-5 September 1989.

1990:

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